1 NIGHT IN CHACHOENGSAO













DAY 1

(J) Depart from Bangkok and

travel to Chachoengsao. Visit

"Tang Seng Chua", a renowned

and savor their traditional

Enjoy a healthy lunch at a

Wellness Resort and participate

in wellness activities such as

forest bathing or hydrotherapy.

the scenic views of the Bang

Have dinner while enjoying

mooncakes paired with

health-promoting tea.

local restaurant.

Pakong River.

( ) Check in to Saen Phu Da

## DAY 2

- Enjoy a healthy breakfast and prepare to travel to Bang Khlang district.
- Visit Green Ville Farm Cafe, learn about hydroponic vegetable cultivation, and participate in a hands-on activity of planting seeds.
- Have a healthy lunch featuring a variety of vegetables at Green
- Visit Coco Cowboy, learn about the agricultural practices in Chachoengsao's GI coconut orchards, and relax with a massage amidst the coconut grove. Visit the colossal standing statue of Lord Ganesha in Klong Kheun district and participate in a blessing ceremony.
- Purchase souvenirs and safely return to Bangkok.





## DAY 2

- Enjoy breakfast at the hotel. Depart for Rayong province.
- Visit Mee Suk Farm, a agarwood farm. Learn about agarwood oil distillation and its transformation into various products.
- Have lunch at Mee Suk Farm.
- Check in to Hotel Fuse. Participate in the hotel's Sound Bath activity. Attend the EEC Wellness product showcase and listen to a talk titled "Daily Wellness Practices" by a guest speaker.
- Have dinner at the hotel.







## DAY 1

- Depart from Bangkok to Pattaya.
- Enjoy a healthy lunch at a local restaurant.
- Check in to Dusit Pattaya Hotel. Participate in a DIY body scrub at Tewarun Spa.
- Have dinner and admire the beautiful Pattaya sea view.



## DAY 3

- Enjoy breakfast at the hotel.
- Check out and visit Sopha Botanic Garden. Breathe in the fresh air of the forest, admire Thai literary plants, and visit the private collection museum of former Deputy Prime Minister Sewat Piampongsant.
- Have lunch.
- Visit Rak Rayong souvenir shop for local products. Afterwards, visit Yen Sae Garden and enjoy an afternoon tea amidst the mountains.
- Safely return to Bangkok.





# WHY WELLNESS







In an era where health-conscious lifestyles are trending, MICE events are no longer confined to just meetings and conferences. They now encompass creating experiences that promote both physical and mental well-being for participants.

Why is wellness tourism important for MICE? Here are compelling reasons why wellness matters to MICE travelers:



### Enhanced productivit y:

Rest and self-care can significantly improve a MICE traveler's focus and productivity.



### Memorable experiences:

Positive memories bring joy.



### Strengthened relationships

Team-building activities that prioritize both physical and mental health can foster stronger bonds among employees.



### Positive corporate image

Choosing health-focused events demonstrates an organization's commitment to employee well-being.

Our two proposed wellness itineraries cover three provinces in the Eastern Economic Corridor (EEC): Chonburi, Rayong, and Chachoengsao, each offering unique charms. We believe these itineraries will create unforgettable experiences close to the city.





