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WHY WELLNESS -

In an era where health-conscious lifestyles are trending, MICE events are no longer confined to just meetings and conferences. They now encompass creating experiences that promote both physical and mental well-being for participants.

Why is wellness tourism important for MICE? Here are compelling reasons why wellness matters to MICE travelers:

Enhanced productivity: Rest and self-care can significantly improve a MICE traveler's focus and productivity.

Memorable experiences: Positive memories bring joy.

Strengthened relationships: Team-building activities that prioritize both physical and mental health can foster stronger bonds among employees.

Positive corporate image: Choosing health-focused events demonstrates an organization's commitment to employee well-being.

This book introduces a health journey in the Eastern region that covers 3 provinces within the Eastern Economic Corridor (EEC): Chonburi, Rayong, and Chachoengsao. Each province offers unique charms, and we believe this region will provide travelers with special experiences that will create wonderful memories.





- Faculty of Allied Health Sciences, Burapha University
- 2. Ta Kien Tia Community
- 3. Yunomori Onsen& Spa Pattaya
- Devarana Wellness, Dusit Thani Pattaya
- Dhyana Spa, Ana Anan Resort
 Villa Pattaya
- 6. Mab Ueang Agri-Nature Center
- 7. Baan Tom Community Enterprise
- 8. PAÑPURI WELLNESS HARBOR
- 9. Bianca Moment
- 10. Eurythmy Therapy

Chachoengsao

- 1. SUANLUNGDANG
- 2. Rainbow Arokaya
- Sanpudard Health and Wellness Club
- 4. Greenville Farm cafe
- 5. Jimmy Farm
- 6. Petra Garden
- 7. Saucethai
- 8. Coco Cowboy
- 9. Pimpuk
- 10. Tipware Community Enterprise
- 11. Ban Suan Melon



Rayong

- 1. Mesook Farm
- 2. The 'Luffala' Community Enterprise
- 3. Onyx Holistic Wellness by Hotel Fuse Rayong
- 4. BaanRalin Green Living Community Enterprise
- 5. Sobha Botanical Garden
- 6. Aksorn Rayong The Vitality Collection
- 7. Yensay Garden
- 8. Ban Tabma Stingless Bee Keeper
- 9. Community Enterprise
- 10. Ban Talay Noi Community Enterprise
- 11. Prasae Homestay Tourism Community
 Enterprise

WELLNESS ROUTE MAP







SUANLUNGDANG

A family-owned coconut farm since 1957, Suanlungdang has been cultivating coconut trees for generations. Renowned for its high-quality Gl-certified coconuts, our farm has been supplying fresh coconuts to top-tier retailers like Gourmet and Golden Place since 2017. In addition to farming, we offer educational tours, a seasonal café, and a restaurant.



Wellness Highlights

- · Learn about coconut farming, take a boat tour, and harvest coconuts.
- · Learn how to make traditional Thai desserts like khanom babin using fresh coconuts.
- · Enjoy a variety of coconut-based dishes, from fresh coconut water to coconut milk-based desserts, and farm-to-table meals made with fresh ingredients.

MICE Note

- The restaurant is open from November to February, offering home-cooked meals.
- The place can accommodate groups outside of regular restaurant hours with at least two weeks' notice.
- · Purchase fresh produce, including mangoes, pickled radish, ginger, and pickled olives.





• M & I group

4/6 Moo 6, Sao Cha Ngok Subdistrict, Bang Khla District, Chachoengsao Province

+668-5082-0728 🚯 สวนลุงแดงมะพร้าวน้ำหอมบางคล้ำ (Only in Thai)







- · Infrared Therapy: Improve circulation, manage weight, reduce stress, and enhance skin health.
- Thermal Therapy : Detoxify with volcanic rock therapy and enjoy the benefits of a sauna.
- · Hydrotherapy : Cleanse the colon, rejuvenate with mineral baths, and indulge in a Jacuzzi, massage, and exfoliation.
- · Nutritional Support : Nourish your body with healthy foods.
- · Aquatic Exercise : Improve fitness and well-being.
- · Mindfulness : Practice meditation for mental clarity and relaxation.



Nestled along the serene banks of the Bang Pakong River, Rainbow Arokaya is a holistic wellness center. Their personalized programs focus on restoring balance to the body and mind through various therapies. Whether you're dealing with diabetes, hypertension, allergies, obesity, or office syndrome, the expert team can create a tailored plan to help you recover and thrive. We also offer body therapy consultations.



- · Customized Programs : The sanctuary offer half-day or full-day wellness programs tailored to individual needs, such as office syndrome relief and detoxification.
- · Riverside Dining: Enjoy a special dinner at our riverside restaurant.

Good For

• M & I group



- 168 Moo 1, Soi Bang Phuttra, Hua Sai Subdistrict, Bang Khla District, Chachoengsao Province
- +669-6884-8549, +669-9090-9699
- https://www.rainbowarokaya.com/
- Rainbow Arokaya

Capacity: Maximum

• 30 pax



Sanpudard Health and Wellness Club



Experience holistic healthcare at its finest. The club seamlessly blends Western and Eastern medical practices, providing preventive and restorative care in a serene natural setting. With a team of expert physicians, state-of-the-art equipment, and a range of services from medical check-ups to spa treatments, we cater to your overall well-being.



- 118-118/1 Moo 4, Lad Khwang Subdistrict, Ban Pho District, Chachoengsao Province
- 03-8578-767, 09-9198-9309,
- Sanpudard Healthclub
- https://www.sanpudardhealthandwellnessclub.com/

Wellness Highlights

- · Medical Services : Liver detox, vitamin drips, Q-switch laser, and bioscan.
- · Spa and Massage: Traditional Thai massage, scraping therapy, acupressure, herbal steam baths, and Himalayan salt saunas.
- Fitness : Personalized exercise programs designed by sports scientists, aqua aerobics, and hydrotherapy.
- · Nature Therapy: Forest bathing.

MICE Note

- · Customized Wellness Programs : Offer tailor-made wellness retreats, including meditation, music therapy, and hot stone footreflexology.
- Riverside Retreat : Enjoy 60 riverside villas, each equipped with a jacuzzi, prayer room, meeting room, and karaoke room.

• 100 pax

• M & I group

Greenville Farm cafe

From a humble home garden to a thriving smart farm, Greenville Farm invites you to embark on a fun-filled journey of discovery. The farm combine technology with passion to create a sustainable farm-to-table experience. Their fresh, homemade dishes tell the story of the farm, and diverse spaces offer a variety of wellness activities.





Wellness Highlights

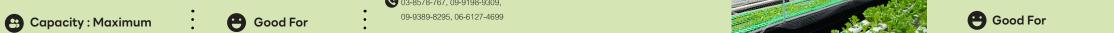
- · Experience the joy of growing plants in volcanic rock.
- · Harvest fresh vegetables and tomatoes directly from the farm.
- · Make organic herbal salted eggs or craft your own plant pots.
- · Create beautiful fabrics using natural dyes from the farm.



- Farm Tours : Learn about our farming techniques and explore our greenhouses.
- · Farm-to-Table Dining: Enjoy a variety of healthy, homemade meals made with extra virgin olive oil and canola oil.
- · Cooking Classes : Create delicious and nutritious dishes using fresh farm ingredients.
- · Farm Products: Purchase fresh produce, homemade sauces, and other health products from our farm and local farmers.
- Capacity: Maximum

 - M & I group

- 82/9 Moo 4, Bang Krajaed Subdistrict, Bang Khla District, Chachoengsao Province
- 06-1828-8880
- f greenvillefarmcafe กรีนวิลล์ ผักสลัดเสิร์ฟจากฟาร์ม

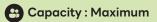


Jimmy Farm

Discover the charm of cottage-style farming amidst lush fields. Jimmy Farm is a modern agricultural learning center, offering a variety of activities tailored to your needs. The organic greenhouses produce high-quality vegetables, including Spanish tomatoes and our signature Dino melon. Indulge in creative art and craft workshops led by the passionate farmer.







• 50 pax



Wellness Highlights

- Farm-to-Table : Harvest fresh ingredients and create healthy dishes like salad rolls and kale smoothies.
- · Art Therapy : Explore your creativity with frame art or jar art.
- Natural Wellness : Enjoy herbal tea made from fig leaves and homemade treats using farm-fresh ingredients.

Good For

• M & I group

MICE Note

- · Cooking Classes: Learn how to make delicious coconut cakes and decorate cookies with edible flowers.
- · Signature Drinks: Taste and create signature coconut blossom water beverage.
- Farm-to-Table Dining : Refuel with healthy options like stir-fried basil, pad thai, and kanom jeen.
- · Community Events: Host health fairs and collaborate with local tourism networks.

- 88 Moo 4, Kon Kaew Subdistrict, Klong Khieun District, Chachoengsao Province
 - +668-1816-1330 **(f)** JIMMY FARM







Petra Garden

Immerse yourself in the beauty of over 85 acres of forest, dedicated to preserving local ginger family plants. Ten acres are cultivated as a natural forest, showcasing a diverse collection of plant species. During the rainy season, the vibrant blooms transform the forest into a colorful spectacle, inviting visitors to experience the wonders of nature.



Wellness Highlights

- · Immerse yourself in nature and reap the benefits of forest therapy.
- · Savor local delicacies like baked galangal cheese, vegetable pizzas, and black rice ice cream.
- · Enjoy eye massages, Thai massage, and acupressure.
- · Create eco-prints and practice ikebana flower arranging.



- · Organize day trips with educational activities at various stations.
- · Host health markets amidst the natural forest setting.
- · Learn how to make natural soy sauce using local ingredients.



Capacity: Maximum

• 50 pax



Good For

• M & I group

 Petra Garden, Lad Krating Subdistrict, Sanam Chai Khet District, Chachoengsao Province

+666- 2426-2565 **(f)** Petra Garden (ส่วนเภตรา)







Saucethai

Chachoengsao Province is renowned for its over 40 mango varieties. Hidden within Ban Pho district lies a unique product: Saucethai. This local gem is born from the transformation of surplus or downgraded mangoes, which were previously discarded. A local group, Thaphlub Rong See Lang, saw an opportunity to add value to these mangoes and created Saucethai. This premium OTOP product, a winner of the 'EEC Select 2023' award for outstanding community products, undergoes a rigorous process from mango selection to production. Saucethai has even captured the attention of international customers.

Wellness Highlights

- · Witness the homemade production process from cooking to bottling.
- · Sample various high-quality natural sauces, including classic mango sauce, three-flavor mango sauce, and sukiyaki

MICE Note

- · Culinary Pairing: Enjoy a curated menu featuring dishes paired with premium natural sauces.
- · Personalized Gift Baskets : Create customized gift baskets filled with our products to suit your specific needs.



· M & I group

67 Moo 3, Thaphlub Subdistrict, Ban Pho District, Chachoengsao Province





Coco Cowboy

A family legacy transformed into a vibrant coconut destination. What began as a small coconut orchard has blossomed into a multifaceted venue, celebrating the versatility of coconuts. Enjoy a variety of activities, from learning about coconut cultivation to savoring delicious coconut-infused dishes.

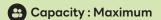
Wellness Highlights

- Relax and Recharge : Immerse yourself in the serene ambiance of the coconut orchard.
- Educational Experiences : Learn about coconut farming and the coconut harvesting process.
- · Coconut Cuisine: Delight in a variety of coconutinspired dishes such as coconut shoot salad, coconut shell curry, coconut ice cream, coconut Americano, and coconut blossom water,

MICE Note

- Coconut Ice Cream Workshop Learn how to make homemade coconut ice cream.
- · Nature Retreat: Relax and rejuvenate amidst the coconut trees.
- · Al Fresco Dining: Host a unique outdoor dining experience.





• 50 pax



Good For

M & I group

17/2 Moo 1, Bang Talat Subdistrict, Klong Khieun District, Chachoengsao Province

+669-9275-7425

🕜 Cococoeboy สวนมะพร้าวน้ำหอมแปดริ้ว

Pimpuk

Pimpuk offers a range of natural skincare products crafted with carefully selected botanical ingredients, particularly organic shiitake mushroom extract. Other key ingredients include aloe vera, jasmine rice, and cucumber. These premium OTOP products, packaged in elegant and distinctive containers, include serums, moisturizers, and egg white soap. Infused with the delicate fragrance of Thai flowers, Pimpuk products offer a holistic approach to skincare and well-being.



- Workshops : Participate in workshops on creating personalized fragrances and herbal inhalers based on your elemental balance.
- Upcycling Workshops : Learn how to transform leftover flower offerings into fragrant, woven fans.

MICE Note

- · Customized Gift Baskets: Create personalized gift baskets featuring Pimpuk products.
- · Off-site Workshops : Experience our workshops on fragrance creation and herbal inhaler blending in a location of your choice.







Capacity: Maximum

• 30 pax

Good For

M & I group

• 42/1 Moo 6, Bang Phra Subdistrict, Mueang District, Chachoengsao Province

🔞 08-3700-8383 🚯 พิมพ์พักตร์ ผลิตภัณฑ์จากเห็ดเยื่อไผ่ (Only in Thai)







Tipware Community Enterprise

Discover the enchanting world of date palm sparkling wine, crafted from premium, organically-grown Bahi variety date palms cultivated in Tha Takiab district. The state-ofthe-art cultivation techniques and passion for quality have resulted in a refreshing and aromatic sparkling wine, aptly named BUZZ. Available in a variety of flavors, including original and strawberry, their beverages cater to a diverse range of palates.

Wellness Highlights

- Food Pairing: Enjoy our sparkling wines paired with healthy culinary creations.
- Educational Tours: Explore our date palm orchard and learn about our community-based farming and production processes.

MICE Note

· Create personalized gift baskets featuring varieties sparkling wines.

- Capacity: Maximum
 - 30 pax



• M & I group

530 Moo 5, Klong Takeao Road, Klong Takeao Subdistrict, Tha Takiab District, Chachoengsao Province

+669-4523-6695, +669-9439-5897

เครื่องดื่ม Buzz, สวนอินทผาลัมเสี่ยพี (Only in Thai)









- Taste the Freshness: Savor fresh melons and indulge in delicious melon-based dishes like melon salad and melon smoothies.
- Learn and Explore: Take a tour of the farm and learn about our community-driven agricultural practices.

MICE Note

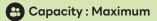
- Educational Workshops : Discover how they transform lower-grade melons into premium melon wine.
- · Customized Gift Baskets : Create personalized gift baskets featuring local products.

Ban Suan Melon

Discover the world of melon farming at Ban Suan Melon, a cutting-edge agricultural learning center. Utilizing IoT technology, this smart farm adheres to GAP standards to cultivate high-quality melons. As a part of the Ban Pho district's agricultural community, they've found innovative ways to add value to their produce.

By partnering with academic institutions, they've developed a unique melon wine, branded as FURANO, transforming lower-grade melons into a delightful beverage. The farm also boasts a charming cafe, a retail shop, and a variety of souvenirs.





• 30 pax



Meeting group

77/1 Moo 1, Thaphlub Subdistrict, Ban Pho District,

Chachoengsao Province +669-4523-6695, +669-9493-5897

🚹 บ้านสวนเมล่อน อ.บ้านโพธิ์ (Only in Thai)





Faculty of Allied Health Sciences, **Burapha University**

A leading center for medical and health sciences, the Faculty of Allied Health Sciences at Burapha University excels in wellness practices and offers comprehensive services including traditional Thai medicine consultations, nutritional guidance, physiotherapy, and state-of-the-art medical equipment such as body composition analyzers. Their team of skilled Thai traditional medicine practitioners and therapists provides personalized health assessments and treatments.







• 30 pax



M & I group







Ta Kien Tia Community



Nestled amidst coconut groves, Ta Kien Tia offers a glimpse into the traditional lifestyle of coconut farmers. This community welcomes visitors with a variety of activities, including culinary experiences, workshops on coconut oil products, and cultural preservation. Recognized by the Department of Thai Traditional and Alternative Medicine, this community is a haven for wellness seekers, offering a range of activities that promote health and well-being. Additionally, Ta Kien Tia boasts an 18-hole disc golf course, making it a unique destination for outdoor enthusiasts.



2 32-33 Moo 3, Soi 34, Takien Tia Road, Takien Tia Subdistrict, Bang Lamung District, Chonburi Province

+669-8412-1712, +668-6699-9039

👩 ชุมชนตะเคียนเตี้ย (Only in Thai)

Wellness Highlights

- · Therapeutic Massages : Experience the benefits of traditional Thai massage, herbal compresses, and body wraps.
- Modern physiotherapy equipment and techniques address a wide range of musculoskeletal conditions.
- Purchase a variety of herbal products such as herbal inhalers, turmeric oil, and herbal poultices.

MICE Note

- · Organize relaxation workshops such as neck, shoulder, and foot massages during or after meetings.
- · Conduct workshops on creating herbal inhalers, balms, and other wellness products.

Wellness Highlights

- · Savor delicious coconut coffee and local snacks.
- · Experience the benefits of gua sha massage for relieving muscle tension and headaches.
- · Engage in therapeutic art activities like coconut shell painting and making natural incense.
- · Learn to make your own natural dyes from coconut husks and create fragrant herbal balls.

MICE Note

- · Wellness Team Building : Organize team-building activities such as disc golf in the coconut grove and healthy cooking classes.
- Cycling Tours: Explore the community on a leisurely bike ride.
- · Local Cuisine : Enjoy a variety of traditional Thai dishes, including gaeng kai kala (chicken curry cooked in a coconut shell) and thong pub (a type of sweet dessert).

Capacity: Maximum

100 pax

Good For

• M & I group

Capacity: Maximum

Mueang District, Chonburi Province 🚹 คณะสหเวชศาสตร์ มหาวิทยาลัยบูรพา (Only in Thai)

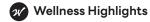
169 Lung Haad Bangsaen Road, Saensuk Subdistrict,





Yunomori Onsen& Spa Pattaya

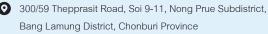
Indulge in an authentic Japanese onsen experience right here in Thailand. Yunomori Onsen & Spa Pattaya, the largest branch in Thailand, offers a variety of mineral-rich hot spring baths, meticulously designed by Japanese experts. With six unique baths, each offering specific therapeutic benefits, you can rejuvenate your skin, soothe your muscles, and promote overall well-being. In addition to the onsen, we offer a range of services including steam rooms, saunas, Thai massages, and a relaxing lounge. Complete your experience with our Japanese-style café and bakery.

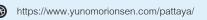


- · Immerse yourself in our signature onsen infused with magnesium sulfate and essential oils for detoxification and relaxation.
- Enjoy the benefits of our dragon pot bath, microbubble bath, whirlpool bath, and bubble bath to improve circulation and prepare your body for deeper relaxation.
- · Pamper yourself with a variety of treatments including Thai massage, aromatherapy, and body scrubs.

MICE Note

- · Customize wellness programs for groups, including foot baths, full body soaks, and traditional Japanese onsen experiences.
- · Enjoy the privacy of our dedicated spa rooms for group treatments.
- · The café offers a variety of healthy food and beverages.
- 300/59 Thepprasit Road, Soi 9-11, Nong Prue Subdistrict,
- +6638-197-038, +668-3974-9916 **(1)** Yunomori Onsen & Spa









Devarana Wellness, Dusit Thani Pattaya

Nestled within the serene ambiance of Dusit Thani Pattaya, Devarana Wellness offers a contemporary Thai spa experience. Surrounded by lush greenery, its dedicated treatment rooms and premium suites provide the perfect setting for relaxation and rejuvenation. The skilled therapists offer a range of holistic wellness treatments tailored to the needs of our corporate clients.

Wellness Highlights

- · Indulge in a variety of massages, including traditional Thai and aromatic oil massages, and body treatments.
- · Relax in warm pool with a soothing 60-90 minute massage.
- · Create your own spa experience with DIY workshops for making bath salts, body scrubs, and massage oils.
- Enhance your well-being with fitness facilities, meditation classes, yoga, and aerobics, all guided by experienced trainers.

MICE Note

- The spa offers a range of facilities to accommodate large groups, including guest rooms, dining options, and state-of-the-art meeting rooms.
- Capacity: Maximum
 - 50 pax
- Good For
 - M & I group



- 240/2 Moo 5, Pattaya-Naklua Road, Bang Lamung District, Chonburi Province
- 03-8414-556 A Dusit Thani Pattaya
 - https://www.dusit.com/dusitthani-pattaya

• 80 pax

Capacity: Maximum •

Good For

M & I group

Dhyana Spa, Ana Anan Resort & Villa Pattaya

Named after the seventh limb of yoga, Dhyana emphasizes meditation and mindfulness to calm the mind and relax the body. This Asian-inspired sanctuary features a serene gold and black interior, incorporating Thai botanicals and singing bowls to facilitate chakra balancing. The signature sticky rice body scrub, made with local coconut milk, rice, and black beans, rejuvenates the skin and promotes deep relaxation.



- · Enjoy a range of massages, including Thai and oil massages.
- · Experience our unique sticky rice body scrub or invigorating coffee body scrub.

Capacity: Maximum

• 15 pax

MICE Note

- · DIY Workshops: Host a fun and interactive coffee scrub workshop for your group.
- · Corporate Wellness : Organize relaxing neck, shoulder, and back massages for your team.

Good For

M & I group

- 288 Moo 2, Soi Najomtien 20, Najomtien Subdistrict, Sattahip District, Chonburi Province (Located within Ana Anan





- +6633-098-888, +669-8336-5761
- ANA ANAN Resort & Villas Pattaya
- https://anaanan.com/th/spa-and-facilities/



Mab Ueang Agri-Nature Center

A 40-acre learning center dedicated to nature, Mab Ueang offers visitors a chance to explore diverse ecosystems and learn about sustainable agriculture. Discover the concept of "3 forests, 4 benefits, and 5 forest layers" while participating in workshops on various topics, including organic farming, herbal medicine, and healthy cooking. The center also boasts a production facility for a wide range of organic herbal products.



Wellness Highlights

- · Learn how to make your own natural soaps, all-purpose cleaners, and detergents.
- Explore the concept of "elemental balancing" through cooking classes featuring dishes like nine-flavor miang kham, tempeh, and immune-boosting smoothies.
- · Take a guided tour of the production facility and learn about the process of creating organic health products.

MICE Note

- · Experience a range of holistic health treatments, including hand and foot soaks, herbal compresses, and traditional Thai therapies.
- · Purchase a variety of organic products for both internal and external use.
- Tailor-made workshops and activities can be arranged to suit your group's needs.





Capacity: Maximum

• 50 pax



Good For

• M & I group

114 Moo 1, Nong Bon Daeng Subdistrict, Ban Bueng District, Chonburi Province

😝 มหาลัยคอกหมู (ศูนย์กสิกรรมธรรมชาติมาบเอื้อง) (Only in Thai)

+6638-198-643 https://www.mabueang.com/

28 29

2 2 4 2 2 4 2 2 4 2 2 4 2 2 4







Baan Tom Community Enterprise

Baan Tom Community Enterprise is a collective of older adults dedicated to cultivating and processing a variety of organic herbs, including butterfly pea, bougainvillea, tamarind leaf, pandan leaf, indigo, turmeric, and kaffir lime. These herbs are transformed into a wide range of products under the Chuan brand, such as hair color shampoos, rice scrub, guava body lotion, herbal foot balm, and incense sticks. The community also supplies raw materials to hospitals, hotels, and spas, and offers a variety of healthy food and beverages.

Wellness Highlights

- · Learn about the benefits of various herbs and explore the community's herbal garden.
- Witness the production process of herbal products, including drying and processing techniques.
- · Sample a variety of healthy food and beverages, such as "Yam Popieng" salad, "Aeng Kathi" dessert, "Fah Amphai" drink, and "Khao Kieb Fueang Fu" crispy rice crackers.
- · Participate in workshops to make natural air fresheners using rice hulls, incense sticks, and scented candles.

MICE Note

- · Purchase a range of herbal products, including shampoos, soaps, and herbal
- · The community can set up workshops and activities at your desired location.
- Capacity: Maximum
 - 50 pax
- Good For
 - M & I group

- ◆ 46/5 Moo 6, Sra Si Liam Subdistrict, Phanat Nikhom District, Chonburi Province
- กลุ่มแปรรูปผลิตภัณฑ์จากสมุนไพร บ้านตม (Only in Thai) 🕲 08-9120-5897

PAÑPURI WELLNESS HARBOR

Immerse yourself in a holistic wellness journey at PAÑPURI Wellness Harbor. Inspired by the vibrant colors and energy of Pattaya's harbor, the spa offers a multi-dimensional approach to health and well-being. Experience the signature PAÑPURI Awaken Your Senses Journey, a holistic wellness program incorporating four unique steps and signature treatments, or simply unwind at our PAÑPURI Social Club with healthy snacks and beverages.



- · Create your own unique fragrance using rare botanicals.
- · Balance your mind and body with yoga, followed by a 30-minute body massage and a facial to revitalize your skin.
- Detoxify your body with a 30-minute scrub or body wrap, followed by a 90-minute herbal compress massage to relieve muscle tension and improve sleep.



- · PAÑPURI Social Club : Relax and enjoy healthy snacks, nutritious meals, and delicious mocktails.
- · Ideal for luxury MICE groups.



10 pax

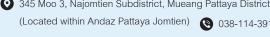


· Incentive group





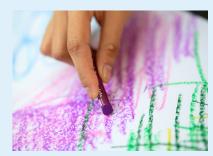
- 2 345 Moo 3, Najomtien Subdistrict, Mueang Pattaya District, Chonburi Province (Located within Andaz Pattaya Jomtien) 038-114-391
- panpuriofficial https://panpuri.com



Bianca Moment

Bianca Moment offers healing and spiritual workshops that utilize tea, herbs, and nature to promote wellness. Founded by San, a tea sommelier and blender, and Pun, a practitioner of energy healing, the programs are designed to balance the body, mind, and spirit. The curated workshops are perfect for individuals and groups seeking relaxation and rejuvenation.







• 10 pax



- Experience a mindful tea ceremony, including grounding meditation and intention setting.
- Learn about the seven chakras and five elements, and create personalized tea blends to promote balance and harmony.
- Combine art therapy with Reiki to foster healing and relaxation.

Good For

• M & I group

MICE Note

- Tea Workshops: Host a tea-tasting workshop to promote emotional and physical well-being.
- Customizable Products: Offer a variety of tea blends as gifts or room amenities.





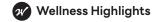




- Capacity: Maximum
 - 20 pax
- Good For
 - M & I group
- lookatnok88 (+668-9545-6551

Eurythmy Therapy

Experience the transformative power of Eurythmy with Kru Luknok - Pacharmon Bunduwanich. This unique therapy combines movement and sound to harmonize body, mind, and spirit. Explore the secrets of sound, melody, and language through expressive and spontaneous movements synchronized with music or spoken word. A truly aesthetic experience suitable for all ages.



- Eurythmy: Therapeutic movement for body and mind.
- Clay Modeling :
 Self-discovery through sculpting.
- Storytelling and Painting
 Expressive art therapy



- Yoga Integration: Combine Eurythmy with yoga for a well-rounded experience.
- Off-site Events: Bring the magic of Eurythmy to your location.









Mesook Farm

With over 30 years of experience cultivating agarwood trees on 200 rai of land, Mesook Farm is a comprehensive learning center dedicated to this precious wood. Born from a community of farmers committed to forest conservation, Mesook Farm has pioneered the production and sale of agarwood, as well as pure, 100% natural extracts. Today, they offer a wide range of products under the "Mesook" brand, available both domestically and internationally. The latest venture includes a health-focused cafe and meeting rooms, all nestled amidst the serene natural surroundings.

Wellness Highlights

- · Learn about the entire agarwood cultivation and processing journey.
- · Witness the extraction of precious agarwood oil.
- Create your own agarwood-infused herbal inhalers
- · Savor local cuisine and signature beverages infused with agarwood extracts.

MICE Note

- · Host exclusive events or wellness retreats in our agarwood forest or riverside pavilion.
- · Create unique corporate gifts with our range of agarwood-infused products, such as serums, skincare, fragrances, and spa essentials.
- · Enjoy personalized gift baskets and corporate gifting solutions.

Good For

- M & I group

Capacity: Maximum

- · Multi-purpose Hall: Accommodates up to 200 people
- · Workshops & Meetings : Hosts up to 50 people
- · Outdoor Events : Cater to groups of up to 80 people in our riverside cafe and lawn area.







The 'Luffala' Community Enterprise

For over 13 years, Luffala has been a pioneer in community development, empowering women in Nong Faeb through sustainable entrepreneurship. By harnessing the rich natural resources of the community, Luffala creates a range of health-conscious and eco-friendly products.







MICE Note

- · Curate personalized gift baskets featuring Luffala's exquisite offerings.
- · Tailored product development to match your brand identity.
- · Seek blessings from the prosperous Ganesh statue at near by Nong Faeb Temple.



Good For

· M & I group



♠ Luffala_Official

+669-4916-2625, 08-1687-7072

30 Pakorn Songkhro Rasd Road, Map Ta Phut Subdistrict, Mueang District, Rayong Province

Capacity: Maximum

Wellness Highlights

· Learn the art of creating

versatile natural products.

• 20 pax

Onyx Holistic Wellness by Hotel Fuse Rayong

A Rayong city hotel dedicated to holistic wellness, Onyx Holistic Wellness offers a concept of balance embedded in the elements of sight, taste, smell, sound, and touch. Their holistic therapies create a balance in all four aspects: physical, mental, emotional, and spiritual. The hotel employ various techniques such as Reiki, natural energy healing, and sound therapy and also offer wellness workshops.



- · Stress relief and Reiki training for mind-body balance.
- Meditation through sound therapy.
- · Aromatherapy experiences with essential oils.
- · Crystal healing workshops and oracle card readings.
- · Himalayan salt foot soaks and herbal tea for relaxation.

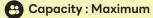


- · Accommodates private corporate groups.
- · Spa rooms and meeting rooms can be adapted to suit wellness activities.
- Accommodations, dining, and a poolside area are perfect for private dinners or networking events.





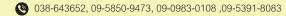




• 50 pax



188/88 Moo 2, Thap Ma Subdistrict, Mueang District,

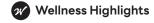




BaanRalin Green Living Community Enterprise

High-quality cleaning products for both household and personal use made from natural ingredients such as organic lemongrass, turmeric, Andrographis paniculata, cloves, mint, cinnamon, rosemary, soapberry, honey, bitter gourd, and Rayong Golden Pineapple. Most of the ingredients are either grown on their farm or sourced from the network of farmers and community members. Their production process is environmentally friendly and uses recyclable packaging.



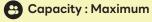


· Learn how to make Baan Ralin-style organic products like liquid soap, shampoo, laundry detergent, dish soap, mouthwash, and all-purpose cleaner.

MICE Note

- · Custom-made health product gift baskets are available for MICE clients.
- Create a corporate social responsibility (CSR) activity for your organization. Baan Ralin's team can provide workshops on making healthy products.





• 20 pax



M & I group

BaanRalin-Natural & Organic Living

16/16 Moo 5, Baan Chang Subdistrict, Baan Chang District, Rayong Province







Sobha Botanical Garden

Discover a lush green oasis at Sobha Botanical Garden. Under the care of the Sewat-Sopa Foundation, this 32-acre botanical garden is a peaceful retreat, home to over 1,000 species of plants, including native trees, ornamental plants, fragrant flowers, rare vines, palms, conifers, herbs, and plants mentioned in classical Thai literature. Additionally, the garden boasts three 100-year-old traditional Thai houses, serving as a private museum showcasing pottery, ceramics, and other valuable artifacts from the Sukhothai, Ayutthaya, and Rattanakosin eras, as well as rare Chinese antiques.



- · Practice yoga amidst the serene botanical surroundings.
- · Immerse yourself in the healing powers of nature through forest bathing practices.
- · Create beautiful mandalas to enhance focus and mindfulness.

MICE Note

- · Explore the garden's diverse flora and fauna on guided nature walks.
- · Host workshops led by health and wellness experts
- · Discover the rich history of Thai and Chinese artifacts.
- · Enjoy healthy and delicious meals in a serene setting.
- 280 Moo 3, Phe Subdistrict, Mueang District, Rayong Province
- +663-8651-688, +668-5911-1372, +668-5185-2868
- 🚯 พิพิธภัณฑ์เรือนไทย สวนพฤกษชาติโสภา Sobha Botanical Garden
- https://www.sobhabotanicalgarden.com/





Aksorn Rayong The Vitality Collection

Discover a seaside sanctuary at Aksorn Rayong, where the ancient art of physical and mental well-being meets contemporary luxury. The resort, nestled along the pristine Mae Phim Beach, offers a unique blend of traditional Thai wellness practices and modern amenities. From the moment you arrive, you'll be greeted by the captivating sight of dancers performing ancient Thai yoga postures, symbolizing our commitment to holistic wellness. This place still boasts an outdoor pool perfect for a refreshing swim, a spacious yoga deck overlooking the ocean, and a private beach area for relaxation and rejuvenation. Experience our signature Volcanic Sand Bath, a traditional Thai therapy that uses heated volcanic sand to detoxify and rejuvenate the body.



- · Indulge in a deeply relaxing and detoxifying experience.
- · Experience the healing benefits of traditional Thai massage techniques.

MICE Note

- · Enjoy the tranquility of in-house spa located in a traditional Thai-style house.
- Well-appointed meeting rooms are equipped with state-of-the-art technology.
- · Host exclusive private dinners or networking events at our beachfront restaurant.





Capacity: Maximum

• 30 pax



M & I group

224 Moo 2, Chak Phong Subdistrict, Klaeng District, Rayong Province

(a) +663-3060-055, +669-4424-9226, +669-7004-9314







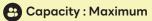


Yensay Garden

Discover a serene escape at Yensay Garden, a breathtaking retreat nestled on a hilltop offering panoramic views of mountains and a reservoir. Immerse yourself in the beauty of two distinct rose varieties - Bishop's Castle and Mon - alongside a vibrant array of other blooms. Indulge in a range of rose-infused products, from fragrant teas and syrups to nourishing lotions and balms. The tropic-inspired cafe and restaurant offer a delightful culinary experience, featuring seasonal fruits and produce











Wellness Highlights

- · Savor a variety of delectable treats made with our homegrown roses.
- · Breathe in the fresh air and rejuvenate your senses amidst the lush gardens.

Good For

M & I group

MICE Note

- · Offer your team a refreshing break from the digital world.
- · The cafe and spacious grounds provide the perfect setting for private events.
- · Discover the beauty of our garden on a guided electric vehicle tour.
- 108 Moo 1, Ban Sapsae, Khao Noi Subdistrict, Khao Chamao District, Rayong Province
- +6661-529-2400, +6689-088-8883 **(f)** Yensaygarden
- https://www.yensaygarden.com/





Ban Tabma Stingless Bee **Keeper Community Enterprise**



Ban Tabma Stingless Bee Keeper, is dedicated to harnessing the incredible benefits of stingless bees. These tiny creatures produce a unique honey packed with medicinal properties, and they've harnessed their potential to create a range of high-quality health products. With over 50 beekeepers and 400 beehives, they're committed to sustainable beekeeping practices, knowledge sharing, and elevating our products to meet the highest health



- · Learn about the fascinating world of stingless bees and the process of honey production.
- · Create your own herbal balms, inhalers, soaps, and more using stingless bee extracts.

MICE Note

- · Savor the unique flavor of our stingless bee honey in signature welcome drink.
- · Explore extensive range of products, including organic honey, essential oils, skincare, and more, all made with pure stingless bee extracts.
- · Create personalized health gift baskets tailored to your specific needs.



Capacity: Maximum

30 pax



Good For

⊙ 6 Moo 4, Thap Ma Subdistrict, Mueang District, Rayong Province

+6665-397-4465, +6663-462-9429 **f** banmeechandee



Ban Talay Noi Community Enterprise



Located along the Prasae River, Ban Talay Noi community is rich in marine resources. Renowned for its unique lifestyle, culture, and delicious local cuisine, the community offers a variety of healthy dishes such as kaeng som (sour soup) with phak krachap (water spinach), stir-fried phak krachap, yam phak krachap (spicy phak krachap salad), sun-dried fish, and desserts made with local bananas.



Wellness Highlights

- · Enjoy healthy dishes made with local ingredients like phak krachap and pla sam nam (three-water fish).
- · Discover the traditional methods of growing phak krachap and making sun-dried fish

MICE Note

- · Experience a unique dining experience with a river cruise on the Prasae River.
- · Purchase a variety of local products such as shrimp paste, fish sauce, cha bai khloo (bitter leaf tea), sun-dried fish, phak krachap wrapped in banana leaves, banana chips, dried banana, and pla jom (fermented fish).

Capacity: Maximum

• 200 pax

Good For

• 4/1 Moo 6, Thang Kaeo Subdistrict, Klaeng District, Rayong Province

+666-2624-6561, +668-1864-9086

🕻 🚹 ชุมชนท่องเที่ยวบ้านทะเลน้อยระยองฮิ (Only in Thai)

Prasae Homestay Tourism Community Enterprise

Discover a vibrant community nestled in Prasae, where agriculture, fishing, and tourism intertwine. Located near the Golden Mangrove Field and the Prasae River estuary, this community offers a unique blend of rural charm and modern amenities. Enjoy traditional homestays, authentic local cuisine, and explore the community on a three-wheel tuk-tuk tour. For those seeking wellness, don't miss the opportunity to learn the traditional art of making cha bai khloo (bitter leaf tea), a time-honored practice passed down through generations. Experience the unique taste of freshly roasted cha bai khloo and discover its numerous health benefits, including antioxidant properties, diuretic effects, and improved digestion.







- · Herbal Tea Experience: Learn the traditional process of harvesting and roasting cha bai khloo leaves.
- · Taste the Benefits : Savor a cup of freshly brewed cha bai khloo tea known for its medicinal properties, including blood sugar regulation and digestive aid.



· Enjoy a customized coffee break experience with cha bai khloo tea paired with traditional Thai desserts.



Capacity: Maximum

• 20 pax

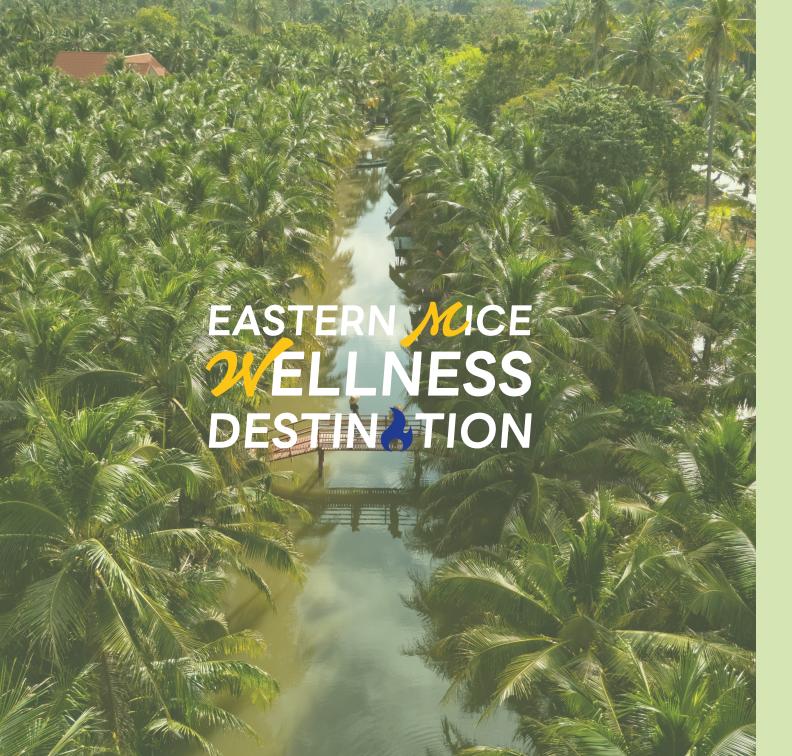
Good For

• M & I group

7 Moo 7, Pak Nam Prasae Subdistrict, Klaeng District, Rayong Province

+668-5329-7384





#RechargeYou #ReconnectYou

